

SEME WORLD
NETWORK
FOR
SUSTAINABLE
CHANGE
(SWONESU)

October 1

2016

PROGRESS
REPORT: JULY-
SEPTEMBER
2016

FOREWORD

We thank God Almighty for His care and guidance through the third quarter (July- September) of the year 2016. We also sincerely thank our donors; German Regional Scouts Association, B.d.P and Foerderverein Afrikas starke Kinder e.V for the financial support and international volunteer (Wiebke Spiess) visit to our projects. Thanks to our Board of Directors (members) for their contribution, support and involvement in overseeing the planning and implementation of all our projects activities.

Our appreciation also goes to our projects team members (Berlyne Ndolo, Eva Andia, Mary Amonde, Nicholas Odhiambo and Christine Onyango) for the hard work, commitment and team spirit that contributed to success in our projects. We acknowledge our beneficiaries' schools; school committees, children, teachers, parents/ guardians and Korando beneficiaries' groups (Agriculture Project) for their support in implementation of all our activities.

To effectively achieve our objectives we continued working closely with partner nursery school teachers, teachers in charge of guidance and counseling, other partners from Kisumu East Sub County Children Office and all organizations working with children- under Area Advisory Council, Kisumu West Sub County Livestock Production Office, International Centre of Insects Physiology and Ecology (ICIPE), East Africa Child Rights Network, Local Administration Offices (Chief, Assistant Chiefs and village elders). Thank you all and May God Bless you abundantly.

1. EXECUTIVE SUMMARY

In this quarter (July- September 2016) we did feed 1800 children from Manyatta Arab, Ogango and Kodiaga Primary Schools in Kisumu. Through the school feeding program the teachers have reported reduced absenteeism, improved concentration and hence performance among the vulnerable children in our partner schools.

Our groups in agriculture project (Korando A, B1, B2, C and D) continued with their inter group meetings where they contributed money to purchase drugs for spraying and deworming. The project goats are therefore free from infections of both external and internal infections caused by flies, tse tse flies and worms. The beneficiaries also continue to collect their resources towards construction of both bucks and doe units. There are two buck units (Korando B1, D) and two doe units (Korando B2, A) that are under construction and one completed doe unit in Korando A. All our beneficiary groups have also had their members donating pieces of their land for fodder and crops production within their various groups.

We also purchased and distributed local vegetables seeds for kitchen gardens which have been established in suck mounts (farming technique) by our beneficiaries. Some of our beneficiaries have harvested the vegetables for their families' consumption. The banana plants also increased to twenty four after pass on of two suckers by Magret Oloo to Syprose Amolo and Syprina Nyagudi (Korando C). One of the banana plants at Beatrice Achieng home (Korando B1, member) is almost due for harvesting.

Nursery art activities also continued with 217 nursery children (2-6 year olds) in both Manyatta Arab and Kudho Nursery Schools. The children were engaged by Christine Onyango (Nursery Art Facilitator) in both indoor (play with toys, coloring and color identification) and outdoor activities (rope jumping, singing and dancing). As reported by the nursery teachers' (Millicent Adede and Patricia Malowa) art sessions help the children develop their languages, building self esteem and also give the children opportunities to understand their physical limits. We did purchase art materials and also had donation of more materials by Wiebke Spiess (German Regional Scouts Association, BdP representative) during a visit to the project in September 2016.

Our adolescent mentorship weekly meetings for both boys and girls aged 9-17 year olds continued in both Manyatta Arab and Kudho Primary Schools. The discussions conducted separately by Berline Ndolo and Nicholas Odhiambo (adolescent mentors) and as guided by Knit/Kick and Chat Curriculum 2016 prepared in consultation with teachers. The sessions continue to provide avenues for both boys and girls to separately share issues that are affecting them in school and at home. We did distribute 150 sanitary towels (July, August, September) to adolescent girls in Kudho, Kodiaga, Ogango and Manyatta Arab Primary Schools and this ensured that the girls don't miss school during their menses.

We appreciate German Regional Scouts Association, BdP for supporting Wiebke Spiess visit to the organization in September 2016. She did visit all our beneficiaries and project implementing partners (Local leaders (Chief, Assistant Chief and village elders), Kisumu West Livestock and Production Officer, International Centre of Insect Physiology and Ecology) for discussions on

progress, challenges and areas of possible expansion. Through her visit the beneficiaries are motivated from the interaction with the project donors.

We also thank the board of directors' membership for their commitment and support to our project activities through consistent quarterly meetings. Through the quarterly meetings the board of directors plan, monitor and advise various projects on appropriate implementation strategies.

2. GERMAN REGIONAL SCOUTS ASSOCIATION (B-d-P) ACTIVITIES

2.1. School Feeding

Objective: To improve quality of education through provision of nutritive food supplements to 1500 vulnerable children.

We provided nutritious porridge to 500 children in Manyatta Arab, 500 in Kodiaga, 600 in Ogango Primary Schools in the months of July and September 2016. According to Mrs. Jenipher Kitegi (head teacher, Ogango Primary School) the feeding program continues to ensure that children who particularly live under the care of single/ or young mothers, old guardians and sickling parents/guardians report to school regularly. Their parents and guardians are also relieved of the burden of providing three meals a day to their families. She explained that these children hardly get the three meals a day in their homes. From her observation, the children get dull, tired and flock around the head teacher's office in search of any information on when the feeding might resume (in cases of delay). As also reported by Manoah Osumba (head teacher Kodiaga Prison Primary School) school feeding ensures that children are very active in their various classes hence improved performance among these vulnerable groups.



Manyatta Arab Primary School children pose for a photo after serving porridge in their school

During Wiebke Spies visit to our projects we held meetings with head teachers of our partner schools and discussed possible interventions that would ensure sustainability of the feeding program. In Kodiaga Prison Primary School the proposal was to support farming activities on the school garden. We requested them to present a final draft on the proposal for discussion and approval from donors and board of directors by the end of the year (2016).

Challenges

- The teachers have reported increase in number of orphans and vulnerable children within our partner schools. The increase in number of children is causing strain to the available resources.
- Lack of alternative school feeding interventions.

2.2. School Uniforms

Objective: To increase enrollment and completion rates for 50 primary school children in Ogango and Kodiaga.

We did distribute 50 school uniforms to children in both Ogango and Kodiaga Primary Schools. Through school uniforms distribution we ensure that children's self esteem improves; as concentration in class and performance.

Challenges

- There is increase in growing number of children (orphans and vulnerable) in need of school uniforms among our partner schools.

2.3. Agriculture Project

Objective: Enhance income of 50 beneficiaries through crop and livestock production

2.3.1 Livestock Production

Our beneficiary groups (Korando A, B1, B2, C and D) continued with their weekly group meetings where they contributed money to purchase spraying and deworming drugs. Korando B2 sprays their goats on Tuesdays, Wednesdays Korando C, Thursdays or Saturdays Korando B1 and Korando A sprays on Fridays or Sundays. Through support from our Agriculture Facilitator (Mary Amonde) we did realize that our project goats were already adaptable to internal and external parasites though the groups' sprayed goats using Acaricide Mostraz and Atihelminthes Albafas for deworming. We therefore recommended through consultation with Veterinary Officer in charge of Kodiaga Prison, Livestock Department (Joseph Mwakoi.) use of Delete drugs for spraying and ivermectin (injectible) for deworming. Through consistency in spraying, our project goats have been kept free from external parasites like ticks, tse tse flies and flies and hence free from diseases like pneumonia, fever and anemia. By deworming our goats after every three months we control internal parasites like worms that cause big belly, emaciation, stunted growth and rotten lungs.



Alva Opogo holding the buck (Mitsch Mandela) during spraying exercises in his home.

Our Agriculture Facilitator (Mary Amonde) in collaboration with our beneficiaries from Korando A, and korando C did training (during group weekly meetings) on how to detect heat signs in goats and count days after service for re-servicing. We therefore have five (5) bucks F1 generations (Korando A, 3 F1 and 2 F1 from Korando C). We also expect eight (8) F1 generations from Korando A, Korando C Korando B1. For our groups that have not received the pure buck (have not constructed buck units and no adequate fodder) we expect two kids of local bucks from Korando B1 and two kids from Korando B2.

Our beneficiaries have also continued to collect their resources towards construction of project does and group buck units. We therefore have two buck units under construction in Korando B1 and Korando D. One doe unit is also completed in Magdalene Okore's (Korando A) home and two doe units are also under construction in Milka Amolo (Korando A) and Josephine Ogonyo's home (Korando B1). We also continue to encourage our beneficiaries to ensure that all members have doe units constructed using locally available materials (through weekly group meetings follow up and joint beneficiaries meetings).



Josephine Anyango (Korando A member) feeding the project doe in her home.

In the meantime all beneficiaries with project goats have been strictly instructed to tether the goats in their various homes for proper feeding and control diseases.



A new constructed doe unit at Magdalene Okore's (Korando A member) home.



Members of Korando D posed for photo in the buck unit that was under construction.

As the project progresses the beneficiary groups (Korando A, B1, B2, C and D) have group farms donated by their members. Korando B1 has a group farm where they have seed bulked fodder like desmodium, nappier grass, potato vines and also crops like cow peas. They also did desmodium staking that is aimed at providing support, preventing pests and allow the desmodium to twin onto the sticks. Korando B2 also has a group farm where they have planted potato vines, nappier grass e.tc. Korando A, Korando C and Korando D all have also group farms that they are yet to plant fodder (when the rains starts).



Beatrice Achieng, Grace Mboga and Rose Auma (Korando B1 members) staking the desmodium in their group farm.



Teresa Ogalo and Magret Ogola (Korando B2 members) weeding potato vines in their group farm.

We also organized an exchange visit for sixteen (16) beneficiaries, one technician (doe and buck units' construction) to Sidindi Dairy Goat Group on 18th August 2016. The topics of training

were on dairy goats and crops production. On dairy goats production the training focused on housing, feeding, record keeping, diseases prevention and management. On crop production the training focused on establishment of kitchen gardens and fruits production like bananas, passion fruits, mangoes e.t.c. Our beneficiaries also visited several homes where pure bucks and pure does were kept for learning. The training was an eye opener, motivation and posed challenge to our beneficiaries as they learnt from women and a man of their age, status e.t.c.

2.3.2 Poultry production

Our beneficiary groups are working towards also rearing local chicken within their groups for extra income and family meals. In Korando A, members have agreed to donate a chicken each to a member who has constructed a poultry shade in his/ her home. For example in Alva Opogo's home one poultry shade is under construction. In other beneficiary groups (Korando B1, B2, C and D) they are preparing themselves for the same.

To effectively achieve our objective we continued working very closely with Kisumu West Sub County Livestock and Production Officer (Madam Rose Onyango), International Centre of Insects Physiology and Ecology (ICIPE)- Joshua Ouma, Local Administration (Chief, Assistant Chiefs and village elders). As a result we have been able to procure improved varieties of seeds for both crops and fodder production. There also plans with our implementing partners to organize trainings for our beneficiaries with focus on both livestock and crop production from time to time.

2.3.3 Crop production

2.3.3.1 Banana production

We did pass on of banana at Magret Oloo's home to Sprose Amolo and Syprina Nyagudi (Korando C- members) and they planted the bananas in their homes. In Korando A, (Alva Opogo's home) the bananas pass on would be done as soon as the rains are back. We therefore have 24 plants of bananas in Korando. In Korando B2, Beatrice Achieng's banana plants are almost due for harvesting.



Mary Amonde (Agriculture Facilitator), (Korando B1 members) Grace Bodo, John Lumumba, Rose Auma and Beatrice Achieng pose for photo next to project banana in the latter's home.

2.3.3.2 Establishment of kitchen gardens

Through partnership with International Centre for Insects Physiology and Ecology (ICIPE) we did provide seeds of local vegetables like saga, cow peas, miroo, spider weed and kadhira to 50 beneficiaries'. The vegetable seeds were planted in some beneficiaries' kitchen gardens while others were planted in suck mounts. The suck mount technique was used by the beneficiaries since it is easy to manage in terms of requiring a small space, easy to water and more than two varieties of vegetables can be planted in one suck. The beneficiaries' have since harvested the vegetables for their families' consumption.



Josephine Anyango (Korando A member) posed for photo next to kitchen garden she established on suck mount in her home.



Helida Onyach, Peres Adede, Caroline Adhiambo (Korando D members) with Mary Achieng during follow up visit on suck mounts planting technique.

2.3.3.3. Passion fruits production

We did provide 50 seeds of passion fruits to our beneficiaries in Korando area. The passion fruits have since been planted by our beneficiaries in their various homes using the suck mount and two by two farming technique.

Challenges

- Adverse weather conditions that have lowered quality and hindered plantation of more fodder crops. Members are encouraged to plant using two by two farming (Tumbukiza) and suck mounting techniques for ease in watering. We also plan to plant more fodder (increase fodder production) during rainy seasons to be able to counter effects of dry weather spell as advised by Madam Rose Onyango) Kisumu West Sub County Livestock and Production Officer. We will also focus on planting drought resistant fodder like green leaf desmodium as advised by Joshua Ouma (ICIPE).
- Destruction of fodder by non project beneficiaries domesticated animals like cows, goats and chicken.
- Some members are not consistent in attending group meetings, monetary contributions and slowing down group activities. This is because they are engaged in menial jobs (working as laborers in their neighbors' farms at a fee) or small scale businesses to meet family basic needs (providing food).

3.0. FOERDERVEREIN AFRIKAS STARKE KINDER e.V. ACTIVITIES

3.1. School Feeding

Objective: To improve quality of education through provision of nutritive food supplements to 200 vulnerable children in Kudho Primary School.



Kudho Nursery School children pose for photo in their classroom after serving porridge.

We did provide nutritious porridge on a daily basis to over 200 children in Kudho Primary School. The school feeding as reported by the teachers ensures that children report to school regularly, actively participate in class and hence improved performance among the vulnerable groups.



Children in Kudho Primary School enjoying their porridge in class at break time.

We also held a meeting with Truphena Diang'a (Head teacher) Kudho Primary during Wiebke Spiess visit (September 2016) on possible school feeding sustainable strategies. She did suggest that the school should be supported to plough the school farm and plant millet, maize and beans to support the school feeding program in 2016.

Challenges

- The teachers have reported increase in number of orphans and vulnerable children within our partner schools. The increase in number of children is causing a strain to the available resources.
- Lack of alternative school feeding interventions

3.2. Nursery Art

Objective: To promote learning and holistic development of children aged 2-6 year olds in Kudho and Manyatta Arab Nursery Schools.

Our nursery art teacher (Christine Onyango) continued with weekly meetings with different ages of nursery children in both Manyatta Arab and Kudho Nursery Schools. The meetings were conducted separately for baby classes (Day care) and middle and final classes (pre-primary). For the baby classes (2-3 year olds) seventy six (76) children engaged in playing with toys which enables the children to experience multiple learning. This is achieved when the children listen, imitate animals/ cars sounds vocally and play with them, by also seeing the animals in form of toys and then move around like them.

The baby classes were also engaged in outdoor activities like playing with balls, singing and dancing. The outdoor activities as reported by Patricia Malowa (kudho nursery school teacher) help the children in development of body muscles for this age group.



Manyatta Arab Nursery children playing with toys during art session in their classroom.



Kudho Nursery School (baby class, 2-3 year olds) playing with toys during art session in their classroom.



Baby class children (2-3 year olds) in Kudho Nursery School playing with toys during art session

The middle and final classes (aged 4-6 year olds) were also actively engaged in both indoor and outdoor activities in our partner schools. For indoor activities the children were engaged in telling tales with themes aimed at teaching good morals like honesty. They were also engaged in molding, printing, drawing and coloring of cars, dolls, cakes, flowers, pots, clothes and fruits e.t.c. As reported by Ms. Millicent Adede teacher in charge of Manyatta Arab Nursery School, drawing and coloring helps the children to focus, think right and develop their brain growth pattern.



Middle class (4-5 year olds) in Kudho Nursery School during coloring and color identification art session.



Ms. Lillian Lwakane posed for photo with middle class (4-5 year olds) after nursery session in Manyatta Arab Nursery School.



Zafran Zahid and Angela Achieng (middle class) of Manyatta Arab Nursery School show case their art work of coloring and color identification after nursery art session.

For outdoor activities the middle and final classes children (aged 4-6 year olds) enjoyed rope jumping, racing, songs and dances. Outdoor activities help this age group in developing their languages, building their self esteem (where withdrawn children are trained as the cheering team) and enabling them to understand their physical limits.

To effectively achieve the objective of the project we did purchase more toys, pencils, printing paper, and crayons e.t.c. The activity got additional materials that were donated by Wiebke

Spies (German Regional Scouts Association, BdP representative) during a visit to our projects in September 2016. She did donate color pencils, glue sticks, dolls, building blocks amongst others.

Challenges

- During outdoor activities some children get hurt. There is need therefore to provide safe outdoor materials like swings, slides e.t.c.

3.3 Adolescent Mentorship Program

3.3.1. Knit and Chat Club.

Objective: To mentor 100 adolescents' girls through collective responsibility into future adults

Our adolescent girls mentor (Berline Ndolo) continued with weekly meetings with adolescent girls aged 9-12 year olds and 13-17 year olds in both Manyatta Arab and Kudho Primary Schools. The meeting involved discussions on different topics (Self Awareness, Drugs and Substance Abuse, Adolescence, personal hygiene, HIV/Aids e.t.c as outlined in Knit and Chat Curriculum 2016 that was prepared in consultation with teachers in charge of counseling in our partner schools.

The discussions with adolescent girls aged 9-12 year olds focused on enabling the girls understand themselves and hence be able to cope with and provide inborn solutions to different challenges that included lack of basic needs at home like food, lack of books, engagement in family businesses (selling boiled maize, vegetable in the market) and inability of some parents to pay school levies- examination fees they experienced both at home and in school. In both Kudho and Manyatta Arab Primary Schools this age group of girls freely shared their issues (through suggestion boxes and with teachers) and future dreams of becoming lawyers, doctors, teachers' e.t.c with Berline Ndolo. As reported by Elizabeth Olilo (teacher in charge of guidance and counseling) in Kudho Primary School girls visit her office to request for sanitary towels.

For 13-17 year olds we continued our discussions on self awareness, drugs and substance abuse, HIV/ Aids and the girls freely shared their knowledge of the topics. According to Kudho Primary School girls they could be influenced to take drugs from their or neighbors' homes where drugs (local illicit brews) were sold. Some of their peers also dropped out of school due to drugs and substance abuse. In Manyatta Arab Primary School this age group also shared their knowledge on effects of drugs and substance abuse. Drugs and substance abuse was common in the estates of Obunga slums, Kamakowa, Bandani where most of the girls lived with their parents/ guardians.

To effectively achieve our objective we provided 150 sanitary towels to adolescent girls in Kudho, Manyatta Arab, Ogango and Kodiaga Primary Schools. This is aimed at ensuring that the adolescent girls don't miss school during their menses.



Ms. Elizabeth Olilo posed with adolescent girls in Kudho Primary School after receiving sanitary pads.

We also seek to empower through training and inclusion of adolescent mothers/ guardians in freely sharing with their daughter issues of sexuality. To this effect we did hold a half day meeting with 17 mothers from Kudho Primary Schools in June 2015 and discussed their roles as regards upbringing of their daughters into responsible future mothers. We plan to evaluate the effects of the half day training through separate focus group discussions with adolescent girls, the mothers and local community leaders within Obunga slums. We shall then share the findings during half day meeting with the mothers and community leaders in October 2016. This activity aims at designing an appropriate intervention in which adolescent mentorship responsibility would be taken up by parents/ local community leaders and teachers in our partner schools.

Challenges

- Inadequate sanitary towels for use by more than 800 adolescent girls in our partner schools.
- Lack of an intervention for girls who do not transit to secondary education. There is need to introduce life skills training i.e tailoring, catering, e.t.c
- Lack of empowerment (training and involvement) of adolescent mothers/ guardians on their roles as regards upbringing of adolescent girls into responsible future mothers.

3.3.2. Kick and Chat Club

Objective: To mentor 100 adolescents' boys through collective responsibility into responsible future adults.

Our adolescent boys mentor (Nicholas Odhiambo) continued with weekly meetings with adolescent boys as guided by Kick and Chat Curriculum 2016. The meetings were conducted based on the different ages (9- 12 year olds and 13-17 year olds) in both Manyatta Arab and Kudho Primary Schools. To effectively achieve the objective of the project our adolescent boys mentor continued to work closely with teachers in charge of counseling in both partner schools.

During this quarter Nicholas Odhiambo engaged the children (9-12 year olds) in discussions of various topics like drug and substance abuse, peer influence and also shared his life experience as a teenager. He also spiced up the sessions by engaging the boys in football sessions, storytelling, singing and dancing.



Nicholas Odhiambo during a kick and chat club session with 9-13 year olds in Manyatta Arab Primary School.

Meeting with 13-17 year olds in both partner schools also continued on weekly basis. This age group was also engaged in discussing topics like drugs and substance abuse, HIV/Aids, and self awareness. The boys mentioned different types of drugs and substances which are very common in their homes like bhang, khat, and local illicit brews. According to adolescent boys in Kudho Primary School engagement in drug and substance abuse leads to drop in academic performance and also leads to boys living in the streets in search of independence e.t.c. In Manyatta Arab Primary School drugs and substance abuse was also common among their peers as a result of engagement in brewing and sale of illicit brews in their homes/ neighbors.



Nicholas Odhiambo during a discussion with adolescent boys (13-17 year olds) in Kudho Primary School.

Challenges

- Lack of an intervention for boys who do not transit to secondary education. There is need to introduce life skills training i.e tailoring, catering, e.t.c
- Lack of empowerment (training and involvement) of adolescent fathers/ guardians on their roles as regards upbringing of adolescent boys into responsible future adults.

3.4. Sponsorship.

Objective: To increase enrollment and completion rates for 20 primary school children in Kudho.

We did distribute 20 school uniforms to children in Kudho Primary School. Through school uniforms distribution we ensure that children's self esteem improves; as concentration in class and performance.

Challenges

- There is increase in growing number of children (orphans and vulnerable) in need of school uniforms among our partner schools.

4. SWONESU Board of Directors



Grace Adoyo, Tabu Anginyah, Wiebke Spiess and Berlyne Ndolo during an inception meeting.

We thank our board of directors' membership (Tabu Anginyah, Grace Adoyo, Trepheya Oyola, George Obara, Jeremy Oloo, Fredrick Mariwa and Heike Hoeffler) for their continued support in planning and implementation of all our projects activities. Through the quarter board of directors meetings all planned activities progress is monitored effectively.

5. International Volunteer Visit

We thank German Regional Scouts Association, BdP support that enabled Wiebke Spiess to visit our projects in September 2016. During her visit Wiebke Spiess visited our partner schools Manyatta Arab, Ogango, Kodiaga and Kudho Primary Schools and had discussions on the progress of our activities, challenges and future possible plans for expansion of the projects with school head teachers. She also attended nursery art sessions, kick and chat sessions in Manyatta Arab and Kudho Primary Schools.

Wiebke Spiess also visited all our agriculture beneficiary groups (Korando A, B1, B2, C and D) in Korando where she engaged in spraying of various group's project goats. She also witnessed construction of buck and doe units in Korando A, B1, B2 and D, visited various groups farms of fodder crops and vegetables planted on suck mounts.



Wiebke Spiess with members of Korando B2 pose for photo in Josephine Ogonyo's home.

Wiebke Spiess then attended a joint meeting with all beneficiary groups' members (Korando A, B1, B2, C and D) on 29th September 2016 in Kodiaga Primary School. She shared her findings on the progress of the project, thanked the beneficiaries for their support and motivation. She also met project implementing partners Rose Onyango- Sub County Livestock and Production Officer and Joshua Ouma- representative – International Centre of Insects Physiology and Ecology (ICIPE). The meeting enabled the partners to understand their contribution and roles to the project. Wiebke Spiess's (International volunteer visits) improves commitment of our beneficiaries through interaction with the project funders.



Berline Ndolo during the joint beneficiary meeting in Kodiaga Primary School.



Wiebke Spiess and Mary Amonde (Agriculture Facilitator) posed with beneficiaries after joint meeting in Kodiaga Primary School.

Report Compiled by Berline Ndolo

For SWONESU